



## ÁLVARO VIZCAÍNO

Spanish entrepreneur, coach and survivor whose incredible story of struggle and resilience inspired the Netflix movie 'SOLO'

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- Survivor, entrepreneur, coach and motivator
  - Through his conferences he shares a clear method to face change and discover personal and group power.
  - Unlock the power to face uncertainty
  - Fear is an advisor, we can use that energy towards transformation.
  - The power of a vision over circumstances
  - Difficulties hide opportunities
  - Do you want a change or do you want to change?
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*"The power of a group connected to their vision is incredible"*

Alvaro Vizcaino is a Spanish entrepreneur and survivor whose incredible story of resilience and determination has inspired thousands of people around the world. His extreme survival experience, after falling off a cliff and being severely injured on a remote beach, was made into a movie in the Netflix film "SOLO".

Through his conferences, Alvaro shares life lessons about resilience, courage and the human capacity to overcome the most difficult challenges.

### Personal Experience:

Extreme Survival Experience: In September 2014, Alvaro suffered an accident while surfing on the island of Fuerteventura in the Canary Islands. After falling off a cliff and breaking his hip and pelvis, he struggled for 48 hours to survive on a deserted beach before swimming out to sea and being rescued.

Author and Speaker: He has told his story in various forums and conferences, and is the author of several books where he describes his experience and the lessons he learned to transform "fear, into an opportunity".

Psychologist and coach: Alvaro has dedicated his life to the exploration of the human mind and its mechanisms.

Entrepreneur: Alvaro has managed to make his clients bill millions of euros thanks to his agency specialized in e-commerce.

Protagonist of the movie "SOLO": His story was adapted to film in the movie "SOLO"-NETFLIX, which tells his incredible story of survival and struggle against the elements.

Recognized International Speaker: Alvaro has been invited to speak at numerous international events and conferences, where his story inspires and motivates audiences of all ages.

### Impact and Vision:

Alvaro Vizcaino exemplifies the human capacity to face and overcome the most extreme

challenges. His lectures are powerful and moving, leaving a lasting impression on those who have the opportunity to listen to him. The best part of his method is that he invites attendees to participate and apply it live. The goal is to transform the energy of "fear of change" into a powerful personal and collective vision.

## **TEMAS**

Alvaro tailors each presentation to the needs of his audience and is not limited to the topics listed below. Please ask us about any subject that interests you:

- Resilience
- Fear Management
- The Power of the Mind
- Change Management
- Motivation and Improvement
- Talent and Personal Development

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## **PROGRAMAS**

### **Resilience and Personal Growth**

Alvaro shares how to maintain hope and determination in extreme situations, offering strategies to overcome adversity.

### **The Power of the Mind**

His method includes a practical phase, where attendees find their own resources under his guidance.

### **Lessons for facing change**

His method is based on transforming the energy of fear of the future through an “emotional set up” to make conscious decisions in moments of uncertainty.

## Motivation and Personal Development

He uses his training as a transpersonal psychologist, gestalt and coach to adapt them to the needs of each team.

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## PUBLICACIONES

Libros

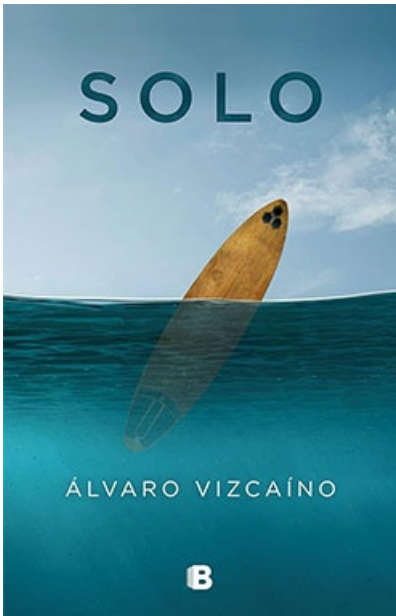


EL MIEDO ES TU MAESTRO



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SOLO



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SOLO

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## CONDICIONES

- **Travels from:** Madrid, Spain
  - **Fee Range:** Please Inquire
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